



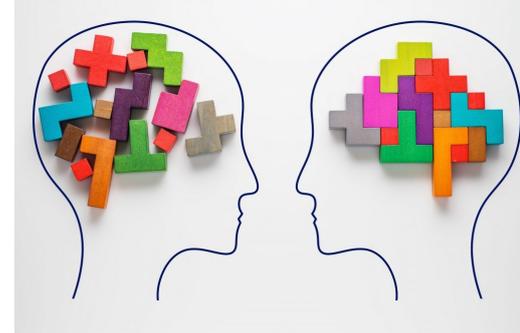
**LEAD**  
PROFESSIONAL  
DEVELOPMENT  
ASSOCIATION  
INC



## Solution-Focused Practice: Using Solution-Focused Thinking in Challenging Situations

**It's not always easy to differentiate between a problem vs a solutions mindset.**

**Most of us like to think that we're positive, proactive, and solutions-oriented in our thinking.....but how often do you find yourself get caught up in the problem and never even reach the point of looking for a solution?**



**Attend this half-day online workshop to explore 'Solution-Focused' thinking and how shifting your thinking can make a tremendous difference in your interactions with your clients. Experience the 'Solution-Focused' approach in action through demonstrations and exercises using 6 concrete tools.**

### Learning Outcomes

- Recognise the unique aspects of solution-focused thinking and differentiate it from problem-focused models.
- Explore six concrete tools that you can immediately begin to use with those with your clients.
- Verbalise the effective use of the these tools in your work setting.

**Facilitator:** Teri Pichot, founder of the Denver Center for Solution-Focused Brief Therapy has over thirty years experience working with some of the most challenging clients including those who struggle with substance misuse, chronic mental illness, and domestic violence. She studied Solution-Focused Brief Therapy under Insoo Kim Berg and Steve de Shazer, and their way of working continues to have a strong influence in her professional life. Teri is an internationally recognized trainer and consultant in Solution-Focused Brief Therapy, and she is the author of five books (some of which have been translated into French, Japanese, Mandarin, Chinese, and Spanish).

**Date:** Thursday  
9 June 2022

**Time:** 9:00am - 1:00pm

Sessions will open 10 minutes before to enable you to test your audio & visual settings.

**Modality**  
Online via Zoom

**Facilitator:** Teri Pichot

**Cost:**  
Members - \$45.00 + GST  
Non-members - \$59.95 + GST

**Contact:** LEAD (02) 9620 6172  
Info@leadpda.org.au

**Event Code:** WS2328

**Event Level:**  
Intermediate

**Places are limited so please register early.**

AN INITIATIVE  
FUNDED BY



Communities  
& Justice



Register on our website [www.leadpda.org.au](http://www.leadpda.org.au)