



LEAD
PROFESSIONAL
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Sensory, Dyadic Play, and Body based activities for children and their caregivers: Supporting emotional regulation after trauma

This full day experiential workshop will provide knowledge and skills in identifying and assessing children and young people's brain, body and sensory based needs which can promote new neuro-pathways, increase experience of connection and relational safety, and support the development of emotional regulation.

In this interactive workshop, there will be a focus on the 4 parts of the brain (brainstem, limbic, cerebellum, and cortex), the 8 senses, and will incorporate a range of fun, playful, interesting activities to integrate professionals confidence and learning in this area.

Register Early To Avoid Disappointment!

Learning Outcomes:

- Gain knowledge on the neurobiology of attachment and trauma in relation to the developing brain;
- Increase knowledge and skills of trauma informed approaches for safely engaging children and families in body based therapeutic activities, including sensory or art-based activities;
- Learn self-reflection on our own trauma and distress-based responses in our work/service to others and how to use activities to increase our own window of tolerance, and
- Gain a deeper understanding of how to match and implement body, sensory or art-based activities to meet the individual's needs.

Facilitator: Ashley Gobeil is a child and family therapist and social worker who has a Masters in Social Health & Counselling and a Master of Social Work Qualifying, and an undergraduate in psychology. Ashley has been working therapeutically with children and young people for the past 15 years in contexts such as childcare, youth residential care, domestic and family violence, family dispute resolution, out of home care, and victim services.



Date
Wednesday
15 September 2021

Time
9.30 am to 4.00 pm

Venue
Kingswood Sports Club
2 Santley Cres,
Kingswood NSW 2747

Trainer
Ashley Gobeil

Cost
Members: \$99.00
Non-Members: \$165.00

Morning tea & lunch provided

Enquiries
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Event Code
NP2341

Workshop Level
 Intermediate

AN INITIATIVE
FUNDED BY  Communities
& Justice



Register on our website www.leadpda.org.au