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# Using Trauma Specific Approaches & Language when working Therapeutically with Children and Young People

How do you respond to children and young people who communicate their trauma experiences and distress through behaviours and emotions?

What do children and young people need for healing and recovery?

Here is your opportunity to engage TEI practitioners into critical reflection of how current systems and approaches pathologise children and may discount children's experiences of abuse, neglect, and suffering. This medicalisation of trauma and behaviour can cause us to overlook what children need for healing and recovery. A deep dive into linguistics will unveil children's underlying needs for safety and connection. This workshop will focus on the adverse impacts of solely holding medical or behavioural paradigms for trauma and mental health without a critical perspective. You will also gain some exploration of implementing this paradigm shift into practice approaches; such as developing trauma specific plans for Care Networks to support practitioners, schools and caregivers in responding and holding a deeper understanding of the child's attachment and trauma based needs.

**Register Now!**

## Learning Outcomes:

- Insight into how current systems, structures and approaches pathologise and medicalise trauma for children and young people;
- Appreciate the significance of language and its impact in working with children and young people who have experienced harm, oppression and trauma;
- Develop skills in identifying and assessing function of behaviours and presentations for children and young people whilst formulating their needs from a trauma and attachment informed approach, and
- Build self-awareness skills for identifying our triggers as workers and explore this.

**Facilitator:** Ashley Gobeil is a child and family therapist and social worker who has a Masters in Social Health & Counselling and a Master of Social Work Qualifying, and an undergraduate in psychology. Ashley has been working therapeutically with children and young people for the past 15 years in contexts such as childcare, youth residential care, domestic and family violence, family dispute resolution, out of home care, and victim services.

To participate in this event you must have access to a PC with video capabilities and a reliable internet connection.

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## Date

Thursday  
05 August 2021

## Time

1.00pm - 4.30pm

Session will open 10 minutes before to enable you to test your audio & visual settings.

## Modality

Online via Zoom

## Facilitator

Ashley Gobeil

## Cost

Members: **\$45.00 + GST**

Non-members: **\$59.95 + GST**

## Contact

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## Code

NP2340

## Workshop Level

Intermediate



Register on our website [www.leadpda.org.au](http://www.leadpda.org.au)