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## Key Concepts in Accidental (On the Run) Counselling©

In your daily work you may regularly come into contact with colleagues, parents, children, carers and families, all who have different needs and expectations. While you are not a formally trained counsellor, you may often find yourself in situations where you need to respond to a colleague, a client or a parent's distress, concerns or strong emotions. During these extraordinarily challenging times, you may be aware of an increasing level of stress and angst throughout all of our communities. How can you make a positive difference to those in need?

**Key Concepts in On the Run Counselling©** is designed to provide you with an overview of the basic skills and confidence needed to respond to more confidently during these times.

**REGISTER NOW! PLACES ARE STRICTLY LIMITED TO ENSURE THAT YOU EXPERIENCE A HIGH LEVEL OF ENGAGEMENT AND INTERACTIVITY.**

### Learning Outcomes:

- Understand the roles and responsibilities of the Accidental Counsellor;
- Explore appropriate responses to clients/colleagues who are distressed, and
- Build on communication and response skills.

**Facilitated by Mirna Tarabay** — Mirna is a Psychotherapist, Trainer and Supervisor. Her work with survivors of trauma, abuse and loss spans over two decades. She has worked in a range of capacities primarily with survivors of domestic violence and sexual abuse, both adults and children. She has a practice in Sydney where the focus of her clinical work is with survivors of domestic violence and child abuse, as well as supervision of counsellors and case workers working in trauma and child protection fields.

**To participate in this event you must have access to a PC with video capabilities and a reliable internet connection.**



### Date

**Wednesday**

26 May 2021

### Time

9.30am - 12.30pm

*Session will open 10 minutes before to enable you to test your audio & visual settings.*

### Modality

Online via Zoom

### Facilitator

Mirna Tarabay

### Cost

Members: **\$40.00 + GST**

Non-members: **\$55.00 + GST**

### Contact

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### Code

NP2213

### Content Level

Intermediate

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