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# Working with Families Living in a Complex Environment

Many families who access health and welfare services present with multiple interrelated problems. They experience a breadth and depth of needs that can be challenging for workers and services to try to meet. It can be common for practitioners to feel out of their depth by the complexity and interplay of needs in families, especially when children's safety and wellbeing is at stake. It can be very challenging for workers (and families) to sustain a sense of hope and optimism when progress is often experienced as 3 steps forward, 2 steps back. This Online Workshop presents current research about what works along with evidence-based practice steps and principles that can help to support practitioners working alongside families experiencing deep and entrenched adversity. The workshop focuses on supporting the safety and wellbeing of children living in complex family environments.



**REGISTER NOW! PLACES ARE STRICTLY LIMITED TO ENSURE THAT YOU EXPERIENCE A HIGH LEVEL OF ENGAGEMENT AND INTERACTIVITY.**

## Learning Outcomes:

- Increased knowledge of the intersection of adverse life experiences and the development of vulnerabilities across the spectrum
- Increased skills and confidence in developing and sustaining meaningful engagement with client families
- Increased confidence in managing and prioritising the mix of client issues and desired outcomes
- Increased knowledge and skills for managing their own wellbeing and effectiveness while providing support to families living in complex environments

**Facilitated by Angharad Candlin:** a Registered Psychologist, Board Authorised Supervisor and Adjunct Fellow with Macquarie University's Department of Psychology. She has been practising for nearly 30 years and has always worked with children, adolescents and parents. She is the lead author of two, internationally recognised parenting programs; Keeping Kids in Mind and My Kids and Me. My Kids and Me also achieved Gold Standard Accreditation with the Institute of Group Leaders and won the CSSA Award for Most Innovative New Program in 2014. She trains, supervises and mentors practitioners in a number of areas including parent coaching, working with trauma and group facilitation skills. She regularly speaks at conferences and parenting events and is called on for comment by the media regarding parenting issues.

**To participate in this event you must have access to a PC with video capabilities and a reliable internet connection.**

AN INITIATIVE FUNDED BY



Communities  
& Justice

## Date

Thursday  
23 July 2020

## Time

9.30am - 12.30pm

*Session will open 10 minutes before to enable you to test your audio & visual settings.*

## Modality

Online via Zoom

## Facilitator

Angharad Candlin

## Cost

Members: **\$40.00 + GST**  
Non-members: **\$55.00 + GST**

**Use EFOY2020 code to get 50% discount**

## Contact

LEAD (02) 9620 6172/  
0439 048 449  
info@leadpda.org.au

## Code

WS2101



Register on our website [www.leadpda.org.au](http://www.leadpda.org.au)

**Register Now!**