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INC



Creative Approaches to Working Therapeutically with Families and Communities (For Aboriginal Workers only)

Discover the theory and processes involved in art therapy and art as therapy in this introductory workshop. Learn about different approaches that can be used with Individuals, families and groups.

This workshop will incorporate experiential activities using different techniques and arts media to enable hands-on experience.



Learning Outcomes:

- Increased understanding of the therapeutic processes of art therapy & art as therapy;
- Increased confidence and skills in utilising art therapy approaches, and
- Increase your ability to applying approaches that assist clients to gain insight & recognise behavioural patterns.

Facilitators: **Sue Wildman** is an Art Therapist, Theatre Practitioner & Counsellor & has worked in the community sector for over 27 years. She has her own Art Therapy practice and also works for various NGO's including Women's Health Centres, Women's Refuges, Aboriginal HIPPIY Service, Create 4 Wellbeing – Catholic Care Social Services, Carers NSW and Relationships Australia.

Aunty Bev Eaton is an Indigenous woman whose people come from Wallerawang and Coonabarabran. She has over 24 years' experience in the community sector working in a mainstream service and with a great commitment to the Aboriginal community. She was Chairperson of Blue Mountains Aboriginal Culture and Resource Centre for many years.



Aboriginal
Child, Youth
and Family
Strategy



Proud communities
Strong families



Date

Tuesday
31 March 2020

Time

9.30am - 4.00pm

Venue

Penrith Regional Gallery
86 River Rd, Emu Plains

Trainer

Sue Wildman and
Aunty Bev Eaton

Cost

Members: \$25 + GST
Non-Members: \$40 + GST

Morning tea & lunch provided

Contact

LEAD (02) 9620 6172
info@leadpda.org.au

Event Code:

AC2086

Event Level:

Introductory to
Intermediate

 [Click here to register - www.leadpda.org.au](http://www.leadpda.org.au)

Register Now!